



myMISSION enables women to recognize their status in Christ;

- fulfill Christ's missions purpose in their lives;
- affirm God's call both individually and corporately;
- understand the local and global perspective of the gospel; and
- commit to a missional lifestyle.



Missions Discipleship for Young Women



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Missions Discipleship for Young Women myMISSION is WMU's missions discipleship group for young women. The purpose of myMISSION is to teach young women to follow Jesus by serving others and sharing the gospel in word and deed. As thev build community. these women explore their faith together and participate in hands-on missions projects.

From 18-35 years of age, vouna women experience multiple transitions. Some go to college while others enter directly into the workforce. Some purchase houses while others enjoy having freedom to move around. Some begin establishing families while others move forward in life single. It frequently seems that change is the only constant during these years.

Our Goal

myMISSION goals are similar to goals most of us strive for in our day-to-day lives. They include discipleship, social transformation, fellowship, and encouragement among Christian Women.

Discipleship

Group members should encourage one another to grow in their relationship with Christ. Members may encourage eachother in many forms of discipleship such as Bible study, prayer, Scripture memory, evangelism training, etc.

Social Transformation

We are eager to change the world. Here's how myMISSION groups can work together to do just that! Group should learn about missions and how involvement leads to social transformation. They should participate in missions by having a missional partnership with a non-profit ministry. In doing so, your group should serve it's adopted ministry through prayer and missions projects. Also, you should commit to supporting local and world missions through prayer and sacrificial giving.

Fellowship

Time with other women is important, especially when you gather to study Scripture and take time to focus on God's mission in the world. Groups should be intentional about spending time together, getting to know one another, and including new people in the group.

Encouragement

We all need encouragement. Groups are a great place to share prayer requests and find accountability partners. Group members should look for ways to build one another up!

Starting myMISSION



Starting a myMISSION group is easy. Whether you start a group for the college students, young professionals, the young mom—any young woman in any stage of life, the structure flexible to meet different needs.

These are just a few ways to structure your group. You can find more options at wmu.com/adults. Look for the myMISSION Options handout.

myMISSION on a College Campus

myMISSION groups on a college campus are referred to as myMISSION Chapters. A myMISSION Chapter provides a community for Christian women to gather around a common theme: missional living. It's like a cross between a small group Bible Study, a prayer group, and a missions organization. All with a "sisterhood" atmosphere!

- Gather several student to help start the group. Have these girls invite their friends to join the group.
- Plan a service project to help your adopted ministry partner and advertise all over campus! Take time during the project to get to know the girls who have come to help and invite them to join your chapter.
- Participate in the campus-wide organization fair.
- Reach out to international students and invite them to your Bible studies.

myMISSION at my Church

If your church already has WMU missions groups, the myMISSION group leader should directly communicate with the WMU Director, the church, and the staff member who is responsible for young adult ministries.

The myMISSION leader will promote missions involvement for her group. She will represent myMISSION on the WMU Leadership Team.

- Post flyers in the building and in the church newsletter about your kick-off gathering.
- Identify a few key women that might be interested in this type of group and personally invite them to join.
- Visit different Sunday School classes to inform women of the opportunity to join the group.
- Hold a dinner meeting to introduce the idea for a myMISSION group and to talk about the purpose of this women's group. During the first gathering, be sure to discuss the goals of the group and the time commitment clearly.

myMISSION online

Young women can form a virtual myMISSION group. A video meeting platform can be used for virtual meetings or a group formed as a social media group.

- Enlist friends with whom you regularly communicate online to help start a community. Ask these people to invite other to join your group.
- Online groups may want to discuss the Bible study by posting on the group's Facebook page/blog/Web site or via email. Online group leaders may consider using the myMISSION Leader guide to help them with ideas.

myMISSION Leaders

A myMISSION group leader is responsible for promoting missions involvement through her group and for leading group members to plan, conduct, and evaluate the missions experiences of the group.

Specific responsibilities of a group leader include the following:

- Help members understand the purpose of myMISSION
- Lead women to set goals and carry out plans to accomplish the groups' purpose and provide missions experiences
- Nurture women in the myMISSION group
- · Provide resources for the group
- · Guide women in developing their leadership potential
- Keep records and report activities of the myMISSION group
- Serve on the WMU leadership team, if the church has one

A myMISSION group can have more than one leader to accomplish the work of the group. A leader may be enlisted for one-time events or short-term activities.

Just a few examples of leaders for your team:

- Prayer Leader
- Activities Coordinator
- Mission Project Coordinator
- Sisterhood Leader
- · Compassion Ministries Leader
- New Members Coordinator

As you customize your myMISSION group, you as the leader will help women realize they can have a dynamic impact on your church and in proclaiming the good news of Jesus. You have the ability to customize your group to fit the size of your church and its mission strategy.

What To Expect

Group Gatherings

Gatherings should be set at a regular time for members and prospective members. We suggest meeting once or twice a month. This frequency will vary from Chapter to Chapter. Meetings may be held at a church, in group member's homes, at a coffee shop, at a BCM building, etc. Be thoughtful as you strive to create a gathering environment that best meets the needs of your group.

Planning a Gathering

- Be prepared and creative.
- keep the "meeting" to about an hour in length.
- Offer snacks/meal and have a theme.
- Provide a prayer time to remember community needs; featured missionaries and ministries; leadership on the local statewide, national and global levels; and of course on another.
- Prepare a Bible study/discussion about missional living using the free myMISSION Bible Study/Faith in Action. Resource found on the wmu.com/adults website. Look for myMISSION midway down the page.



- Begin with an ice-breaker that relates to your theme/tpoic for the gathering. Why? Ice-breakers allow for fun, fellowship, and an informal way to introduce your theme. Oftentimes, they allow for easy transitions into your topic.
- As you meet, allow for and encourage discussion.
- Feel free to rotate your "meeting" facilitator from time to time.

 Different leaders will have different styles, and different women will connect better with some styles than others.
- Allowing others to lead will also help members sharpen their own leadership skills and see leadership in others. This practice will likely help to maintain and strengthen your group leadership over time!
- Include a wrap-up so that the meeting comes to a close in appropriate manner. A wrap-up may include something participants can do or take home as a reminder of the discussion. It may include a prayer or choosing a missions project related to the topic.
- Allow time to brainstorm ways to apply what was learned.
 Then, ensure there is a challenge issued to take action and live missionally.
- Discuss ongoing or upcoming missions projects.
- Lastly, make it fun! AND keep it real!

Communicating with Members

- Create a Facebook group, Instagram page, GroupMe text group, etc. for your myMISSION Chapter/Group. Utilize these pages for central communications of events, announcements, prayer requests, meeting updates, group/event photos, etc.
- Provide other channels of communication as effective for your area and participants (text messages, blogs, calendars, etc.)

MISSIONAL PARTNERSHIPS

We can all appreciate being intentional. Each chapter/group should select one non-profit ministry to "adopt" and partner with for atleast one six-month period and/or college semester. The frequency of involvement will be based on the needs of the ministry and the amount of time that can be fairly designated to the site. Members might want to brainstorm/research local ministry opportunities.

Partner suggestions:

- Adopt a people group, area/region of the world, a missionary family, etc.
- Associational Baptist ministry site
- Children's home/orphanage
- Community center/Baptist center (Send Relief has a wide variety of ministries, to choose from, go to sendrelief.org/projects)
- Food Pantry in your community
- Mentoring Program
- Nursing Home
- Work with local/Kentucky Missionaries on Projects i.e. Kentucky Changers
- Partner with your local Baptist Collegiate Ministries



Chapters/groups should seek partnerships with organizations and individuals who uphold biblical values.

GO ON MISSION

Whether it's your Spring, Sujmmer, or Winter break there are many ways for you or your members to serve on mission with the International Mission Board, North American Mission Board, and with Kentucky WMU.

with IMB

The International Mission Board offers 1-3 week, Summer, Semester, and 2-yr Journeyman mission trip options. For more information, go to *imb.org/students*.

with NAMB/SendRelief

Start your career and live on mission in a strategic city. GO2 provides college grads a missions experience for two years working in a place where a church is being planted in North American or overseas. For more info go to, go2years.net.

with Kentucky WMU

Develop your leadership skills by leading missions experiences for the next generation. Kentucky WMU offers ministry experience working with student groups during the summer. For more information go to, kywmu.org/changersministryteam.

We want to hear from you!

Please let us know how we can help you start a chapter/group or how we can better assist you with starting and maintaining your group.

We want to hear about your group gatherings and mission projects so that we may encourage and pray for you. Send us your ministry updates and ideas, mission stories, and photos.

Finally, if you are planning a missions project or event, let us know so that we can help you get the word out!

Until the whole world knows, Kentucky WMU

General Contact Information:

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Quick Links

WMU Links

- wmu.com/prayercalendar (Missionary Prayer Calendar)
- kywmu.org/college
- wmu.com/missions-discipleship/adults
- wmu.com/podcast
- WorldCrafts.org (WMU's Fair Trade Ministry)

Missions Partners

- qo2years.net
- gensend.org
- globalhungerrelief.org
- imb.org/pray/adopt-a-uupg (Unengaged, Unreached Peoples)
- imb.org/prayerpoints (Monthly Prayer Guide)

Unreached People Stats

• joshuaproject.net



Make the most of your myMISSION Chapter



Thinking of making your myMISSION Chapter more like a Student Service Organization at your School? Use these organizational purpose and identity components below.

Purpose: myMISSION is a Christian faith-based service organization for women who wish to serve their community and make disciples of Jesus who live on mission.

We carry out this mission by

- · Learning about missions
- Praying for Missions
- Supporting Missions
- Doing Missions and telling about Jesus

Vision Statement: Sisters intentionally living out their call to fulfill the Great Commission while growing in their walk with Jesus Christ.

Our goals: Sisters are committed to myMISSION's four goals. These goals guide each myMISSION member and include the following:

- Discipleship
- Social Transformation
- Fellowship
- Encouragement

Colors: Sky Blue (World-Aware) and White (Gospel Truth)

Mascot: Dove (God's Promise)

Scripture Verse: Micah 6:8; Matthew 28:19-20

Potential Group Members

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