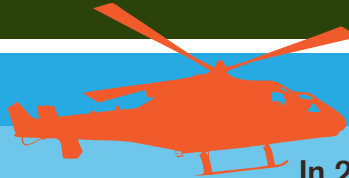


A VISITORS GUIDE TO HIKING CAMELBACK MOUNTAIN



Named for its resemblance to the head and humps of a resting camel, the iconic Camelback Mountain ascends up from the Valley of the Sun, offering 360-degree views of the Phoenix and Scottsdale Metropolitan area. A popular activity for out-of-town visitors, it's important to prepare for this unique desert hike to stay safe and have fun.



YOU SHOULD KNOW:

In 2017 more **AIR RESCUES** were performed **AT CAMELBACK MOUNTAIN** than other popular hiking destination in the area

MORE THAN
200 HIKERS are
RESCUED

annually from all Phoenix desert and mountain preserves
(Typically from heat exposure and dehydration or going off-trail)



BE PREPARED FOR THE DESERT CLIMATE



PICK A PATH

THERE ARE TWO TRAILS TO CHOOSE FROM. BOTH MEET AT THE SAME POINT ON TOP.

CHOLLA TRAIL **C**

DIFFICULTY: Moderate - Extreme

SUMMIT: 2,704 ft.

ELEVATION: 1,200 ft. to Summit

DISTANCE: 1.5 Miles to top

ESTIMATED ASCENT: 60 minutes

ESTIMATED DESCENT: 45 minutes

LOCATION: 6131 E. Cholla Ln.

PARKING: Street parking

DOGS: No

RESTROOMS: No

HANDRAILS: No

ECHO CANYON TRAIL **E**

DIFFICULTY: Extreme

SUMMIT: 2,704 ft.

ELEVATION: 1,200 ft. to summit

DISTANCE: 1.33 Miles to top

ESTIMATED ASCENT: 55 minutes

ESTIMATED DESCENT: 45 minutes

LOCATION: N. Echo Canyon Pkwy.

PARKING: Parking lot

DOGS: No

RESTROOMS: Yes, at trailhead only

HANDRAILS: Yes, at the beginning



TRAILS
OPEN
SUNRISE
TO
SUNSET



TRAIL TIPS:

- Plan on taking twice as long to hike uphill as it takes to hike downhill.
- Once your water is halfway empty, it is time to turn around.
- Hikers coming UP have the right of way.
- Be mindful of loose rocks!



BEWARE OF RATTLESNAKES

If you see or hear one rattling, do not touch or provoke it. Back away and leave it alone.



If you get bit, remain calm and call 911 or get to a hospital immediately.



Watch the Weather!

TEMPS
OFTEN REACH
100+
DEGREES



DO YOU HAVE A MEDICAL CONDITION?

Asthma, heart problems, diabetes, knee or back problems?

Don't push yourself

(Even trained athletes have been caught off guard by getting dehydrated on Arizona trails)

For more information contact:

Phoenix Fire Department at 602-262-7550 or the Phoenix Parks and Recreation Department at 602-261-8794