PROGRAM KEYS

The components setting us apart



MEDICAL + NUTRITIONAL **STABILIZATION**

Get your feet on the ground

The average length of time assessing and designing each client's treatment plan

TRAUMA-INFORMED CLINICAL CARE

Dig down to the root of the struggle

45 The number of hours in active clinical work each week



1 2 Breathe employees work tirelessly to help our clients each week

PSYCHODRAMA + **EXPERIENTIAL MODALITIES**

We access the core of each issue by using therapy in motion

Psychodrama situations acted out

during treatment

Horse shoes equine therapy horses go through helping clients

HANDS-ON NUTRITION

Uncover the secret to your success with your own hands



Number of meals and snacks prepared by clients each week



SPIRITUAL DEVELOPMENT

Tune into an abundant world of support and spirit

Number of hours in a day that are fully supported by a higher power



14,000 lbs of food harvested from our biodynamic farm each year

COMMUNITY

Support beyond Breathe

XXX The number of miles virtually traveled to join weekly Family Class™ sessions



BreatheOUT's rank in alumni



opened in

2012

The number of hours **26** Family Class



each family spends in

programs

breathe" Life Healing Centers

of our clients utilize Insurance benefits to pay for treatment.

\$\text{You can afford} Treatment

Our admissions team will contact your insurance company to verify benefits

BreatheLifeHealingCenters.com (800) 929-5904

16 available hours in the day to attend a 12-step meeting